

## Medical Program

This course takes place throughout the year, except during the first half of January and the second half of July. The course lasts a minimum of four weeks and may be extended at the discretion of the student.

On the first two weeks students will have intensive Portuguese classes and 4 medical lectures, related to tropical diseases, including the Zika Virus, public health, the government's Family Health Program (PSF) and the doctor-patient relationship.

On the last two weeks students will have the opportunity to work full-time with the Instituto Solidare in Recife. In order to gain a broader understanding of the reality of Brazilian public health, students will work in poor communities with people that live on a low socioeconomic situation.

The goal of this program is to engage the students and help them understand the reality of public health in Brazil. For this reason the student will conduct a survey of the most common diseases in local communities, prepare and develop prevention workshops and produce a final report, listing the difficulties faced by these communities when they need to access the public health system, specifically the PSF.

Upon arrival, students will be entitled to transportation from the airport to their homestay.

This course is divided into two parts.

Part One: In the first two weeks, students will have four 50-minute group classes of Portuguese language instruction, every morning Monday through Friday. On two afternoons, the student will attend medical lectures about Tropical Diseases, Public Health, Introduction to the Family Health Program of the Federal Government and doctor-patient relationship. They will also visit the Instituto Solidare where they will receive training and be involved in conducting a survey of the most common diseases among the public in the communities served by the organization.

Part Two: For the second part of the course students will work in the Instituto Solidare communities in Recife.

During this period students will conduct workshops and the survey, finalize their reports and provide the school with photos and testimony about the program.

## Medical Program Schedule

### Week 1

#### Day 1

8:00-9:30h –Language placement test and orientation (general procedures)

9:30-11:50h –Portuguese lessons

12:00-13:00h –Lunch break

13:00h –School activity

#### Day 2

8:00-11:50h –Portuguese lessons

12:00-13:00h –Lunch break

13:00-15:00h – Medical Lecture: Public health and definition of field activities (survey and mapping)

#### Day 3

8:00-11:50h –Portuguese lessons

12:00-13:00h –Lunch break

13:00-17:00h –Visit to the Instituto Solidare

#### Day 4

8:00-11:50h –Portuguese lessons

12:00-13:00h –Lunch break

13:00-15:00h – Medical Lecture: Family health and doctor-patient relationship. Training in how to use survey of the most common diseases among the public served by the Instituto Solidare

#### Day 5

8:00-11:50h –Portuguese lessons

12:00-13:00h –Lunch break

13:00-17:00h –Visit to the Instituto Solidare: Survey the most common diseases among the public served by the Instituto Solidare (ZEIS Cavaleiro)

#### Day 6

Free time

#### Day 7

Free time

## Week 2

### Day 8

8:00-11:50h –Portuguese lessons

12:00-13:00h –Lunch break

13:00-17:00h –Visit to the Instituto Solidare: Survey the most common diseases among the public served by the Instituto Solidare (ZEIS Cavaleiro) (continuation)

### Day 9

8:00-11:50h –Portuguese lessons

12:00-13:00h –Lunch break

13:00-15:00h – Medical Lecture: Tropical diseases

### Day 10

8:00-11:50h –Portuguese lessons

12:00-13:00h –Lunch break

13:00-17:00h –Visit to the Instituto Solidare: Survey the most common diseases among the public served by the Instituto Solidare (ZEIS Cavaleiro) (continuation)

### Day 11

8:00-11:50h –Portuguese lessons

12:00-13:00h –Lunch break

13:00-15:00h – Medical Lecture: Tropical diseases (continuation)

### Day 12

8:00-11:50h –Portuguese lessons

12:00-13:00h –Lunch break

13:00-17:00h –Visit to the Instituto Solidare: Survey the most common diseases among the public served by the Instituto Solidare (ZEIS Cavaleiro) (continuation)

### Days 13 and 14

Free time

## Weeks 3 and 4: Full-time working with the Institute Solidare.

- Conduct workshops with the public in the Instituto Solidare (ZEIS Cavaleiro)
- Preparation of the community report
- Survey of the most common diseases among the public served by Instituto Solidare
- Return to Olinda Portuguese Language School, finalize the reports and provide the school with photos and testimony about the program.